

**COUGAR MINERALS CORP.
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Cougar Minerals Corp (C-COU) - Options Proposed

Cougar Minerals grants options on 1.1 million shares

2010-01-11 18:03 ET - Options Proposed

Shares issued 27,023,100

Mr. Mike Elson reports

COU GRANTS OPTIONS

Cougar Minerals Corp. has granted incentive stock options pursuant to its stock option plan to directors, officers, and qualifying employees and consultants to purchase up to 1.1 million shares at an exercise price of 13 cents per share for a period of five years from the date of grant.

COUGAR MINERALS CORP.

s/“Mike Elson”

Mike Elson

President

The Canadian National Stock Exchange has neither approved nor disapproved of the contents of this press release.