

COUGAR MINERALS CORP
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Cougar options 14 Manitoba claims

Apr 09, 2009 – Cougar Minerals Corp. – COU: CNSX (“Cougar” or the “Company”), Cougar Minerals Corp. has entered into an option agreement with Outback Capital Inc., whereby, in consideration of the payment \$10,000 (paid) and the issuance of 500,000 common shares at a deemed value of 10 cents per share, the company may elect to acquire a 100-per-cent interest in 14 mineral claims totalling 8,779 hectares in the Bissett area of Manitoba. By giving notice to Outback within one year, and payment of further annual option payments of \$25,000, \$50,000 and \$70,000 by April 30, 2010, 2011, and 2012, respectively, Cougar will earn a 100-per-cent interest in the claims.

The claims are located approximately seven kilometres east of the historic Rice Lake mine operated by San Gold Corp. in the prolific Rice Lake greenstone belt of southeast Manitoba, located approximately 100 kilometres west of Red Lake, Ont. San Gold's Rice Lake gold project includes two mines feeding the 1,250-ton-per-day Rice Lake mill and several new discoveries including the high-grade Hinge zone discovered in 2008. San Gold has begun underground development of the Hinge zone (as mentioned in the news release of April 8, 2009, on Stockwatch). Individual, underground face grades have assayed up to 2.52 ounces per ton of gold over a true width of 12 feet in drifts at depths of 350 feet from surface in the Hinge zone.

Cougar is planning an aggressive surface exploration program followed by diamond drilling in 2009, on the Outback claims.

COUGAR MINERALS CORP.

s/“Mike Elson”

President & Chief Executive Officer

The Canadian National Stock Exchange has neither approved nor disapproved of the contents of this press release.